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Recreation Leadership Diploma Welcome & Information Package

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Welcome

The Department of Recreation Studies welcomes you to the Diploma of Recreation Leadership program at Langara College.

This information package acts as a planning tool for your time in the program. Please be sure to save this package somewhere that you can access it easily, as you will likely return to it each semester as you select your courses. You will find a schedule for when all the courses required to graduate are offered, along with some suggested semester schedules. If you have any questions about course selection, please book an appointment with Jennifer Folkersen or our Department Assistant, at recreation@langara.ca. This package also contains many other helpful things to assist you in your learning journey, so be sure to read through it carefully.

A few important notes to help you navigate your first semester in the program;

- You will receive an email from the Registrar's office requiring you to complete a Criminal Record Check (CRC). **Do this as soon as possible.** As part of your studies, you will be interacting with vulnerable populations and the College is required to have a clear CRC from you. The registrar's office will place a hold on your account in subsequent semesters if you do not complete this - set up an appointment with me if you have any concerns about your CRC.
- When you are navigating the registration system, if there are times/days listed it means that there will be class where you need to attend *synchronously* (either in person or on-line). Many of your courses will have both a synchronous and asynchronous (WWW) component to them, which means you will meet for a live class as well as have course work/interactions on your own schedule.
- As you prepare for the upcoming semester start, please make sure you are ready to learn online. All of your classes will require access to a computer, and some of your courses will require web conferencing capability (webcam and microphone).

If you need course selection or scheduling advice, Jennifer Folkersen will be your contact for program advising. Please review the contents of this information package before contacting me. If you have specific questions about any courses in the program, feel free to contact the instructor that is teaching the course.



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New Student 'Checklist'

As a new student in the program there are a few essential tasks you should complete to ensure that you are prepared for the first day of class. It is highly recommended that you complete these tasks as soon as possible.

GENERAL TASKS

1. Ensure you can access your @mylangara.ca email

- All official communications will go to your @mylangara.ca email address. You should periodically check this email or set up an auto-forward to your personal email address so that you do not miss any important announcements
- For more information: <https://langara.ca/information-technology/student-email/index.html>

2. Activate your Course Registration Time when appropriate

- In order to register for courses, you must activate your registration time first. Seats for courses are claimed as first-come first-served. If you delay your course registration you may not get a seat in a course that you need for the program.
- For more information: <https://langara.ca/registration-and-records/important-dates/>

3. Request your Student ID Card

- Students are sometimes required to show proof of identification for exams and college services.
- Your Student ID card is also your library card - you will need it to access resources for coursework.
- For more information: <https://langara.ca/information-technology/accounts-passwords/photo-id.html>

FALL SEMESTER (SEPTEMBER START) TASK - OUTWARD BOUND REGISTRATION

If you are registering for RECR 1162: Direct Leadership in Recreation in September (Fall Semester), there is a 5-day camping trip that is a mandatory component of the course. Included in this package is a set of documents from 'Outward Bound', the guiding company that facilitates this learning experience. Please review the documents and complete Outward Bound's online registration forms at:

<https://obcgroups.campbrainregistration.com/>

You will need to 'create a new account' (unless you have participated in a program with them before) and then register for the "Langara College" section. Once your account is created, you will then fill out the required paperwork.

New Student 'Checklist'

Langara Student Success Course (LSSC)

Starting or returning to college is a big step and the transition into post-secondary can be challenging. The Langara Student Success Course (LSSC) prepares you for academic life at snəweyəl leləm-Langara and introduces you to key supports available on campus and online. As a new student, you have been automatically enrolled in this free, self-paced, 9-module, online course. The LSSC is available 24/7 and can easily be completed as part of your preparation and orientation before the semester starts. Students who apply what they have learned in the LSSC do better in their other studies.

What do you get in the LSSC?

- understanding of what to expect in a college classroom
- tools to be successful in your studies
- strategies to study effectively
- new organizational and time management skills
- access to virtual student information sessions



Upon admission into the Recreation Leadership Diploma program, we encourage all students to complete the LSSC course. The LSSC course is available in the weeks prior to your first semester in the program and will also help you get comfortable with Brightspace, the learning management system where all your course readings, assignments, and quizzes will be held. Research has shown that students who complete the LSSC perform better in school (higher grades, less stress).

To Do Checklist:

- 1) Log in to Brightspace
- 2) Access the LSSC
- 3) Complete the LSSC

For more information about the Langara Student Success Course, please visit:

<https://langara.ca/student-services/langara-student-success-course/index.html>

RECR Course Schedule Guide – Updated May 2022

(This schedule may be subject to change please consult the term registration schedule for updates)

It is important to understand and know what courses you need to take for the Recreation Leadership Diploma program. The program consists of RECR (recreation) courses, as well as ENGL/CMNS (English or Communications), BUSM (Business), MARK (Marketing) courses.

For the most up-to-date program curriculum: <https://langara.ca/programs-and-courses/programs/recreation-leadership/program-curriculum.html>

Students are required to complete all courses in the program curriculum prior to entering into RECR 2487 or RECR 2497. It is your responsibility to plan out your semesters to ensure that meet this requirement as RECR courses are typically only offered once per year. If you miss a course, you will need to wait a full year before you can take it again.

<p>Fall Semester (September to December)</p>	<p><u>1st year courses</u> RECR 1160 - Foundations of Leisure and Recreation RECR 1162 - Direct Leadership in Recreation RECR 1170 - Introduction to Recreation Facilities and Environments</p> <p><u>2nd year courses</u> RECR 2260 - The Arts and Heritage in Recreation RECR 2361 - Applied Leadership in Recreation Organizations RECR 2388 - Internship Orientation and Portfolio Development RECR 2470 Recreation Issues and Trends</p>
<p>Spring Semester (January to April)</p>	<p><u>1st year courses</u> RECR 1166 - Valuing Diversity in Leadership RECR 1168 - Recreation Program Planning RECR 1270 - Applied Skills in Recreation Operations RECR 2288 - Personal Portfolio Development and Seminar</p> <p><u>2nd year courses</u> RECR 2487 - Recreation Internship OR RECR 2497 - Reflective Practicum in the Workplace</p>

Use the schedules on the following pages to help guide your course selection. Start by finding the semester you are starting in (Fall - Sept start, Spring - Jan start, Summer - May start).

Notes:

- MARK, ENGL, CMNS courses are offered in all 3 semesters.
- You are responsible for choosing one elective to complete as part of your program
- RECR 2487 or RECR 2497 – must be taken in last semester of the Recreation Leadership Diploma. You must have completed all other program requirements prior to registering in either course

Academic Planning (Fall Semester - September start)

Recommended Schedule

Fall (12 credits)	RECR 1160	RECR 1162	RECR 1170	ENGL 1123
Spring (12 credits)	RECR 1166	RECR 1168	RECR 1270	RECR 2288
Summer (12 credits)	CMNS 1118	BUSM 1100	MARK 1115	Elective #
Fall (12 credits)	RECR 2260	RECR 2361	RECR 2388	RECR 2470
Spring (12 credits)	RECR 2487			

Optional Schedule, example

Fall (15 credits)	RECR 1160	RECR 1162	RECR 1170	ENGL 1123	CMNS 1118	
Spring (18 credits)	RECR 1166	RECR 1168	RECR 1270	RECR 2288	MARK 1115	Elective #
Summer	(no classes)					
Fall (15 credits)	RECR 2260	RECR 2361	RECR 2388	RECR 2470	BUSM 1100	
Spring (12 credits)	RECR 2487					

Academic Planning (Spring Semester - January start)

Recommended Schedule				
Spring (12 credits)	RECR 1160	RECR 1270	RECR 2288	ENGL 1123
Summer	(no classes)			
Fall (12 credits)	RECR 1162	RECR 1170	BUSM 1100	CMNS 1118
Spring (12 credits)	RECR 1166	RECR 1168	MARK 1115	Elective #
Summer	(no classes)			
Fall (12 credits)	RECR 2260	RECR 2361	RECR 2388	RECR 2470
Spring (12 credits)	RECR 2487			

Optional Schedule, example					
Spring (9 credits)	RECR 1160	RECR 1270	RECR 2288	Note: In order to be considered a 'full-time' student, you must have 9 credits or more in 2 consecutive semesters per year. This optional schedule is a sustainable academic plan but you will not be eligible for some financial awards/aid.	
Summer (6 credits)	MARK 1115	ENGL 1123			
Fall (9 credits)	RECR 1162	RECR 1170	CMNS 1118		
Spring (6 credits)	RECR 1166	RECR 1168			
Summer (6 credits)	BUSM 1100	Elective #			
Fall (12 credits)	RECR 2260	RECR 2361	RECR 2388		RECR 2470
Spring (12 credits)	RECR 2487				

Academic Planning (Summer Semester - May start)

Recommended Schedule

Summer (9 credits)	ENGL 1123	CMNS 1118	MARK 1115	
Fall (9 credits)	RECR 1160	RECR 1162	RECR 1170	
Spring (12 credits)	RECR 1166	RECR 1168	RECR 1270	RECR 2288
Summer (6 credits)	BUSM 1100	Elective #		
Fall (12 credits)	RECR 2260	RECR 2361	RECR 2388	RECR 2470
Spring (12 credits)	RECR 2487			

Graduation Requirements and Academic Planning

Course and Program Information

Please visit to see course descriptions and prerequisite information:

<https://langara.ca/programs-and-courses/programs/recreation-leadership/program-curriculum.html>

There is one (1) elective course requirement for the Recreation Leadership Diploma Program. The elective course is entirely up to you. When you pick your elective course, ensure that the course is eligible to be used towards a Langara credential (3-credits and is university transferrable).

Minimum Performance Standard

In order to progress in the program and towards the capstone course RECR 2487 OR RECR 2497, students must:

Achieve a minimum 'C' grade in all RECR courses

&

Have a minimum CGPA of 2.0

Students unable to maintain this minimum will not be permitted to advance in the program.

Student Support and Resources

You will be expected to interact with and learn from a wide array of resources. This will require a degree of familiarity and comfort with accessing the internet for research and coursework.

If you have any concerns regarding your ability to interact with (read, watch or listen) required course materials and assignments, be sure to make an appointment with Accessibility Services

<https://langara.ca/student-services/accessibility-services/index.html>

You should also familiarize yourself with the Library Learning Commons resources.

<https://langara.libguides.com/learning-commons>

Graduation Requirements and Academic Planning

During your studies, it's helpful to see what courses you have left to complete. In the Student Information System (<https://langara.ca/login/>), there is a tool called 'Graduation Evaluation' that compares all the courses you have taken so far against the requirements of the program. Using the 'Graduation Evaluation' tool, you can see what courses you have left.

The program requirements for graduation depends on the program that you enrolled into. For example, if you enrolled in 2020 the curriculum that was in place in when you started the program will apply to you until you graduate. It is important that you remain aware of what your original program requirements are. You can find this by accessing a 'Graduation Evaluation' Report on the Student Information System.

Accessing your Graduation Evaluation:

The Graduation Evaluation shows what courses you have taken in the Diploma of Recreation Leadership, and what courses are left for you to take to meet the graduation requirements for the program. You have access to this through the Langara website. You can check this out any time during your program.

To access the graduation evaluation, please follow these steps:

1. Log into myLangara (<http://www.langara.ca/login/index.html>)
2. Click on 'Student Records - Transcripts, etc.' (on left hand side of screen)
3. Click on 'Graduation Evaluation'
4. And again, click on 'Graduation Evaluation'
5. Click on 'Continue'* (Calendar year automatically defaults to the current Academic Year - do not change this)
6. Select 'Diploma of Recreation Leadership' from the dropdown menu for the program, click 'Continue'
7. Click 'Generate Request'
8. Click 'Display Evaluation'

Academic Planning Notes

1. All RECR are only offered once per year. It is important that you make sure you plan your courses accordingly to ensure you complete the program
2. Ensure that the elective you choose is university transferrable prior to enrolling. Your elective must be university transferrable in order for it to be applied towards the program.

Further Considerations for Course Planning

Are you working full time and able to dedicate 20+ hours per week to schoolwork? If so you, may consider completing the Recreation Leadership Diploma in 3-4 years



Are you working Part time and able to dedicate 40+ hours per week to schoolwork? If so, you may consider completing the Diploma in 3 years



Have you reviewed all prerequisites for each course and scheduled accordingly?

Have you reviewed the annual course schedule and noted when courses are only offered once a year in the Fall, or Spring, semesters?



Diploma Graduates have recommended that you consider taking a balance of RECR courses and Business courses each semester.

This balance encourages engagement and motivation throughout the program.



Interested in learning more? Contact a mentor (graduates of the Diploma Program).

<https://langara.ca/programs-and-courses/programs/recreation-leadership/mentorship-program.html>

Bursaries & Financial Aid

In addition to government financial aid, eligible students are also able to apply for bursaries, scholarships, and awards to supplement school and day-to-day expenses.

The Langara Bursary is available for students that are able to demonstrate financial need and are in good academic standing.

There are bursaries available in a variety of categories and there are also Entrance Bursaries available, including:

- High School Entrance Bursary
- International Entrance Awards
- Isabell Cavallin Recreation Bursary
- Real Estate Foundation Recreation Diploma Program Bursaries

Bursaries are open to students enrolled in Regular Studies programs. Please contact finaid@langara.ca for more information.

*While there are a number of bursaries available at Langara, **only one application is required** per student.*

Bursary recipients must: satisfy donor requirements, be Canadian citizens, permanent residents, or protected persons with proof of status, enrolled in a minimum of nine credits (six for students with a registered disability) and be in good academic standing.

Bursaries are given out for the semester in which the student makes an application.

Please visit:

<https://langara.ca/student-services/financial-aid/bursaries/index.html>

to see the full list of available awards and additional details.

Accessibility Services

Accessibility Services works with students with disabilities to arrange appropriate support services on a case-by-case basis.

Accessibility Services can help:

- Facilitate access between admissible students and Langara College courses, programs, and services
- Review medical documentation and work with students in determining and accessing academic accommodations and support services
- Provide referrals to college and community resources
- Provide access to the Learning Technology Lab
- Assist eligible students with applications for Student Aid BC special programs

Students must submit a Public Accessibility Services Application Form and make an intake appointment with Accessibility Services and provide the appropriate medical documentation, preferably **at least three (3) months prior** to the start of the semester to allow adequate time to arrange accommodations.

For general information or to book an appointment, please contact accessibilityservices@langara.ca at your earliest convenience. Please note that the **wait time** for an intake appointment may be **up to 6-8 weeks**. Please plan ahead and contact us as soon as possible to book an intake.

Please visit:

<https://langara.ca/student-services/accessibility-services/index.html>

RECR 1160 (3 credits) - Foundations of Leisure and Recreation

Students explore key concepts, issues, and topics related to the field of leisure and recreation. Students learn the basic history, psychology, philosophy, and ideals of recreation and leisure, as well as the scope of organizations and programs within Canada, i.e., the public, not-for-profit, and commercial sectors.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership.

Semester(s): Spring (online), Fall (mixed-mode)



RECR 1162 (3 credits) - Direct Leadership in Recreation

Students explore group dynamics and conflict management in the delivery of recreation activities. They learn to identify groups' diverse needs in groups to become motivational recreation leaders. Through experiences in leading and experiencing co-operative learning activities and self-reflection, students develop and apply leadership techniques in the delivery of inclusive recreation activities. Students participate in a guided multi-day wilderness expedition to explore self-leadership.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership.

Semester: Fall (mixed-mode)



RECR 1166 (3 credits) - Valuing Diversity in Leadership

Students explore the history, philosophy, and scope of creating inclusive leisure services for all members of a community. Students identify barriers to participation, analyze the impact of these barriers, and identify processes for change. Through case studies, students learn about people with diverse backgrounds and abilities and become familiar with available services and support organizations.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership.

Semester: Spring (mixed-mode)

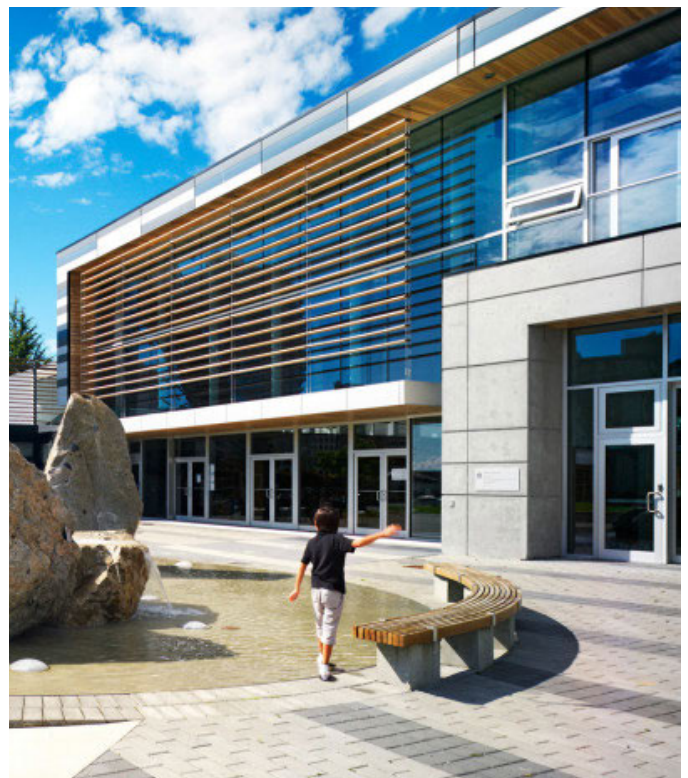


RECR 1170 (3 credits) - Introduction to Recreation Facilities

In this survey course, students are introduced to recreation facilities operation at arenas, pools, and fitness centres. Students explore a wide range of applied business practices that impact the delivery of recreation services, including human resource management, business analysis, and the legislative and regulatory requirements behind the operation of recreation facilities. Students participate in field trips to various recreation facilities to explore new trends and innovative practices in the field.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership.

Semester: Fall (mixed-mode)



RECR 1168 (3 credits) - Recreation Program Planning

Students are introduced to the principles of planning, implementing, and evaluating recreation services, and they explore the role of a recreation professional in the delivery of recreation programs. Students apply the tools and techniques of the planning process by organizing and delivering a special event for a community.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership. Prerequisite(s): A minimum "C-" grade in RECR 1160.

Semester: Spring (in-person)



RECR 1270 (3 credits) - Applied Skills in Recreation Operations

Students examine and analyze recreation facility operations from risk-management, public-safety, and financial perspectives. They develop the technical skills and knowledge to prepare training documents, analyze basic operational budgets and procurement contracts, and supervise staff in the operations of a recreation facility. Students participate in field trips to various recreation facilities to examine and critique trends and practices in the field.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership.

Semester: Spring (mixed-mode)



RECR 2260 (3 credits) - The Arts and Heritage in Recreation

Recreation professionals are increasingly required to hold an expanded knowledge on how to program arts, culture, and heritage engagement in community life. Through guest speakers' presentations, field trips, and hands-on art encounters, students develop an understanding of the values associated with arts, culture, and heritage in recreation. They apply this understanding by developing activities, such as facilitating a creative activity for a community group, participating in creating a community cultural development legacy artwork, and critically investigating community art/culture/heritage events in order to examine relationships and responsibilities of recreation organizations, to develop and facilitate these types of events.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership.

Semester: Fall (mixed-mode)

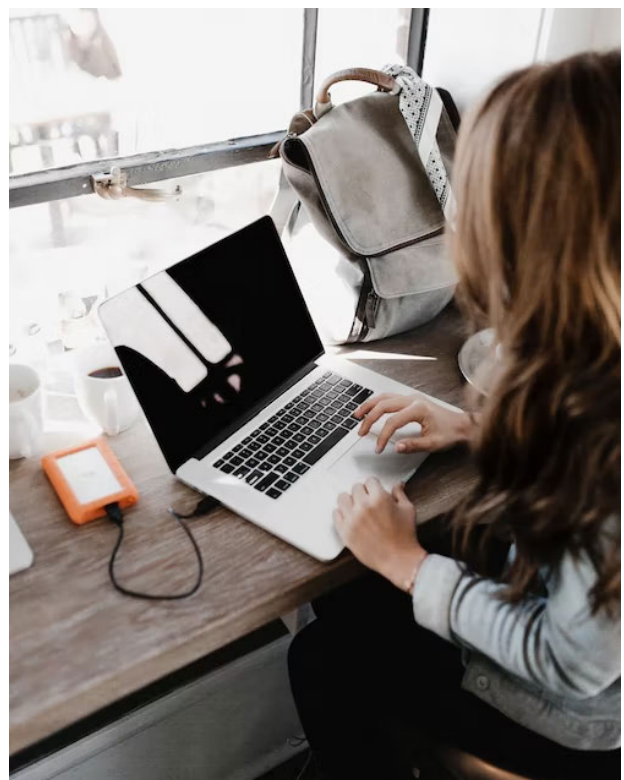


RECR 2288 (3 credits) - Personal Portfolio Development and Seminar

Students explore the concepts and methods of reflective practice and self-directed learning within the context of recreation. They examine their own and others' personal and professional experiences and take part in personal strategic planning and professional development activities for their future. Students develop self-directed learning plans and acquire certifications or volunteer experiences to enhance their portfolio and skill set for a career in the recreation field. Graded S/U.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership.

Semester: Spring (online)



RECR 2295 (3 credits) - Special Topics II

This course is reserved for recreation courses that may be offered from time to time by: a) College recreation faculty who may wish to present a course in their specialty which may be of limited interest; or b) visiting recreation lecturers.

Prerequisite(s): Will be announced in the Registration Guide and Course Schedule.

Semester: Fall (online)

Previous Course Topics:

- Connecting to Nature
- Advocacy in Recreation



RECR 2395 (3 credits) - Recreation & Aging

Recreation and culture play a critical role in assisting people to live healthier, happier, and more meaningful lives as they age. Students learn about the benefits that older people derive from participating in recreation and culture and the risks of not staying physically and cognitively active and socially connected. Throughout the course, students explore a combination of theories and practices. Students are presented with experiential learning opportunities, including guest speakers, field trips to community-based organizations, and case studies. Students identify and assess a variety of recreation programs and services for a diverse population of older adults and they investigate how recreation and cultural programming for older adults creates welcoming and accessible communities.

Priority registration in this course is offered to students admitted to the Diploma in Gerontology and Certificate in Social Service Worker (Gerontology).

Semester: Spring (mixed-mode)



RECR 2361 (3 credits) - **Applied Leadership in Recreation Organizations**

Students explore key concepts, skills, and issues as they apply to effective leadership in recreation organizations. Students develop skills in self-leadership, decision-making, group dynamics, supervision, and teamwork. *Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership. Prerequisite(s): A minimum "C-" grade in RECR 1160.*
Semester: Fall (in-person)



RECR 2388 (3 credits) - **Internship Orientation and Portfolio Development**

In preparation for their spring recreation internship, students participate in a comprehensive orientation. Students are introduced to the duties, responsibilities, and assignments they will complete throughout their 14-week internship. Students also investigate, assess, interview for, and secure an internship placement. In addition, students develop self-directed learning plans and acquire new certifications or volunteer experiences to enhance their portfolios and skill set for a career in the recreation field. Graded S/U. *Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership. Prerequisite(s): An "S" grade in RECR 2288. This course must be taken in the term (fall semester) prior to the internship course.*
Semester: Fall (online)



RECR 2470 (3 credits) - Recreation Issues and Trends

Students use a problem-based learning approach to investigate current trends and issues in the field of recreation. Students investigate various research techniques and apply them in order to analyze and address contemporary issues in recreation settings.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership. Prerequisite(s): A minimum "C-" grade in RECR 1160.

Semester: Fall (mixed-mode)



RECR 2487 (12 credits) - Recreation Internship

In this full-time work-integrated learning experience, students practice their theoretical and practical skills under supervision in a 14-week work term at a recreation agency. Students complete practical work assignments, engage in academic reflection, and report on their research and learnings. Students integrate and reflect on their educational, personal, and professional experiences during the internship and seminars. Graded S/U. Students will receive credit for only one of RECR 2487 or 2497.

Registration in this course is restricted to students admitted to the Bachelor of Recreation Management and the Diploma in Recreation Leadership. Prerequisite(s): A minimum "C" grade in all 1000 and 2000 level Recreation courses (or an "S" in courses graded S/U). If missing three credits in one non-RECR course, a student must contact the department chair, in writing, requesting to register in either RECR 2487 or 2497.

Semester: Spring (practicum)

